Stay in the prime of health with Apollo Health Check







"Life is priceless" Live Healthy, India

Prevention is not just better than cure. It is easier, cost-effective and smarter. Apollo Hospitals pioneered the concept of preventive health care in India in the early seventies, offering a range of health checks to suit everyone's needs.

The Apollo Preventive Health Check program helps you get started on your journey to good health. It gives you a quick snapshot of your health and recommends the best action for you to stay healthy.

PLEASE READ THE FOLLOWING INSTRUCTIONSCAREFULLY BEFORE YOUR HEALTH CHECK



- Apollo Health Check begins at 8.00 am. Kindly take prior appointments on 91-11-7179 1090/1091
- Appointments for packages that require you to be on empty stomach are given only up to 10.30 am, as fasting blood investigations done later in the day do not give an accurate outcome.
- Please come on an empty stomach, i.e. you need to be fasting overnight; however, you are advised to have 2-3 glasses of plain water before coming for your health check, to facilitate an ultrasound on full bladder.
- Kindly bring your morning samples of urine and stool (if part of your package), in clean dry containers. (Containers can be collected a day in advance from the Apollo Health Check Department or from any nearby chemist).
- In case you are on any medication, please bring them with you and take them after breakfast (provided as part of the package). If you experience any discomfort, we shall have you meet our physician immediately.
- If you are diabetic, do not take insulin in the morning; the same can be taken along with breakfast, after fasting blood sample and ultrasound have been done.
- If you are a smoker, please do not smoke on the day of your health check.
- Ladies are advised NOT to undergo their health checks during menstrual cycle.
- Ladies undergoing Whole Body Check and Well Woman Check are advised NOT to use deodorants, perfumes or talcum powders on the day of health check.
- For Apollo Child Health Check, children need not be on empty stomach. Sample of stool and urine are to be brought in dry, clean containers.
- Please wear loose, comfortable clothes and footwear, as you may need to change into a hospital gown during some of the investigations.
- If desired, you may bring one attendant with you; the attendant should not be a child below 12 years of age.

- Please report at the Apollo Health Check (AHC) Centre at Gate No. 2, First Floor
 "A" Wing at the appointed time.
- If you are diabetic, or have high blood pressure, or are pregnant, or have any other clinical condition, please inform the AHC reception staff at the time of registration.
- If pregnant or suspecting pregnancy, you **SHOULD NOT** undergo X-Ray, mammography or bone densitometry.
- If pregnant / suspecting pregnancy please carry your gynaecologist's prescription for ultrasound with sign and stamp.
- On Day One, you will undergo all investigations and consultation with the
 physician; your review with the physician along with all reports and summary
 will be fixed for Day Two, If desired, physician consultation may also be combined
 with Review on Day Two.
- Avoid carrying your valuables along. Avoid wearing any kind of jewellery for your health check-up. Keep minimal belongings.
- 30% discount is applicable on select additional tests, if prescribed by AHC Physician | Surgeon | Gynaecologist on Day 1/Day of Review.
- All prices are subject to change without prior notice
- * The rates mentioned are not applicable for international patients / guests.

APOLLO PRO HEALTH EXECUTIVE HEALTH PROGRAM



Price: ₹11,570

- Creatinine- Serum/Plasma
- Glucose- Serum/Plasma (Fasting)
- Glucosylated Hemoglobin (HbA1c) –Whole Blood
- Hs Tnl- High Sensitive Troponin-I-Serum
- Lipid Profile Test (Package)
- Liver Function Test
- TSH: Thyroid Stimulating Hormone- Serum
- Urea- Serum/Plasma
- Uric Acid- Serum
- Blood Grouping and Typing (ABO and Rh)
- ECG
- TMT (Tread Mill Stress Test)
- Physical Examination/Consultation by Internal Medicine Specialist
- Consultation-Surgical
 Complete Haemogram (CBS/PS/RBC Indices)
- Stool Routine and Microscopy
- Urine Routine and Microscopy
- Spirometry (Basic PFT Test)
- Ultrasound Screening Whole Abdomen
- X-Ray Chest PA

VALUE ADD :-

- Al (Artifical Intelligence) Powered Health Risk Assessment (PHRA)
- Health Mentor Services
- Lifestyle Assessment & Counselling Including Diet and Exercise
- Yoga & Meditation
- Physiotherapy Consultation (if Clinically Indicated)
- Home Delivery of Medicines
- Personlized Health Report
- Health App for Real Time
 Communication & Seamless Care

APOLLO PRO HEALTH SUPER



Price: ₹9,360

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1C)
- Kidney Function Test (Blood Urea, S.Creatinine, S.Uric Acid)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- TSH
- Serum Troponin
- ECG(Resting)
- X-Ray Chest(PA view)
- Ultrasound Whole Abdomen (Screening only)
- Surgical consult for Men
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Consult & Review with Physician

VALUE ADD :-

- Al (Artifical Intelligence) Powered Health Risk Assessment (PHRA)
- Health Mentor Services
- Lifestyle Assessment & Counselling Including Diet and Exercise
- Yoga & Meditation
- Physiotherapy Consultation (if Clinically Indicated)
- Home Delivery of Medicines
- Personlized Health Report
- Health App for Real Time
 Communication & Seamless Care

APOLLO PRO HEALTH REGAL



Price: ₹ 20,670

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- Lipid profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Kidney Function Test (Blood Urea, S. Creatinine, S. Uric Acid)
- Liver Function Test (Protein total, albumin, globulin, SGOT, SGTP, GGTP, Alkaline phosphatase, Bilirubin)
- Electrolytes (Sodium, Potassium, Chloride)
- HbsAg
- S. Calcium
- Serum Troponin
- Phosphorus
- Thyroid Stimulating Hormone (TSH)
- Prostate Specific Antigen (PSA) for men
- Vitamin D3
- Vitamin B12
- Anti HCV
- Hs trop I
- Stool for Occult Blood
- Urine Routine & Microscopy
- Stool Routine & Microscopy
- ECG (Resting)
- X-Ray chest (PA)
- Ultrasound Whole Abdomen (Screening Only)

- Pulmonary Function Test (PFT/ Spirometry)
- Echo Cardiogram
- Cardiac Stress Analysis (TMT)
- Mammogram & Ultrasound Breast for Women (Screening only)
- Eye, ENT & Dental Consult.
- Surgical Consult for Men
- Gynaecology Consult & Review for Women (Pap Smear & Breast Examination)
 Consult & Review with Physician.
- Cardiology Consultation
- Diet & Lifestyle Counselling.

VALUE ADD :-

- Al (Artifical Intelligence) Powered Health Risk Assessment (PHRA)
- Health Mentor Services
- Lifestyle Assessment & Counselling Including Diet and Exercise
- Yoga & Meditation
- Physiotherapy Consultation (if Clinically Indicated)
- Home Delivery of Medicines
- Personlized Health Report
- Health App for Real Time Communication & Seamless Care

SUB REGAL

Without Eye, ENT & Dental Price: ₹ 18,590

APOLLO PROHEALTH PERSONALISED HEALTH PROGRAM



Price: ₹11,310

With Apollo Personalised Health Check, we have made a paradigm shift in the manner health checks were delivered. Under this package, a Medical Assistant will first meet you and get a thorough understanding of your past and current medical history, family history, lifestyle, environmental and socio economic conditions, occupation, etc. These will form the basis for the Physician to identify necessary tests/consults which are most appropriate to your needs. They will be added to a carefully chosen baseline profile of tests and consults forming a customized health package for an in-depth evaluation of your health status.

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Kidney Function Test (Blood Urea, S. Creatinine and Uric Acid)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- USG Abdomen (screening only)
- Chest X-Ray (PA)
- ECG (Resting)
- TMT/ECHO (As advised by physician)
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- TSH
- Serum Troponin
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Surgical Consultation for Men
- Consult & Review with Physician
- Diet & Lifestyle Counselling

APOLLO PROHEALTH HEART PROGRAM



Price: ₹13,260

Recommended for individuals above 30 yrs of age or those with vague / unexplained / unconfirmed cardiac symptoms / risk factors

- Complete Haemogram
- Glycosylated Haemoglobin (HbA1c)
- Fasting Glucose
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Kidney Function Test (Blood Urea, S. Creatinine, S. Uric Acid)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Electrolytes (Sodium, Potassium, Chloride)
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- Serum Troponin
- TSH
- ECG (Resting)
- X-Ray Chest (PA)
- Ultrasound whole abdomen (Screening only)
- Pulmonary Function Test (PFT/Spirometry)
- Echo Cardiogram
- Cardiac Stress Analysis (TMT)
- Surgical Consult for Men
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Consult & Review with Physician
- Cardiac Consult
- Diet & Lifestyle Counselling

APOLLO PROHEALTH WHOLE BODY **HEALTH PROGRAM**



Price: ₹17,420

Recommended for individuals desiring a more comprehensive health check and/or those above 45 yrs of age

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Kidney Function Test (Blood Urea, S. Creatinine, S. Uric Acid)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Electrolytes (Sodium, Potassium, Chloride)
- HBsAg
- S.Calcium
- Phosphorous
- Thyroid Stimulating Hormone (TSH)
- Prostate Specific Antigen (PSA) for Men
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- Stool for Occult Blood
- Serum Troponin
- ECG (Resting)
- X-Ray Chest (PA)
- Ultrasound Whole Abdomen (Screening only)
- Pulmonary Function Test (PFT/Spirometry)
- Echo Cardiogram
- Cardiac Stress Analysis (TMT)
- Mammogram & Ultrasound Breast for Women (Screening only)
- Eve, ENT & Dental Consult
- Surgical Consult for Men
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Consult & Review with Physician
- Cardiac Consult
- Diet & Lifestyle Counselling

SUB WHOLE BODY Without Eye, ENT & Dental Price: ₹15,470

APOLLO PROHEALTH ADVANCED WHOLE BODY PROGRAM



Price: ₹29,120

- Complete Haemogram
- Blood Sugar (Fasting & PP)
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Kidney Function Test (Serum Creatinine, Urea and Uric Acid)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Vitamin D3, Vitamin B12
- Thyroid Profile (T3, T4, TSH)
- Electrolytes (Sodium, Potassium and Chloride)
- S.Magnesium
- Serum Troponin
- Prostate Specific Antigen (PSA) for Men
- S.Calcium
- S.Phosphorus
- CEA
- HbsAg
- Anti HCV
- ECG (Resting)
- Echo Cardiogram
- Cardiac Stress Analysis (TMT)
- X-Ray (PA)
- Ultrasound Whole Abdomen (Screening Only)
- Mammogram and Ultrasound Breast for women (Screening Only)
- Urine Routine and Microscopy
- Stool Routine and Microscopy

- Stool Occult Blood
- Microalbumin (MAU) (Spot Urine)
- Pulmonary Function Test (PFT/Spirometry)
- Consult & Review with Physician
- ENT & Dental Consult
- Eye Consult with Fundus Examination
- Surgical Consult for Men
- Cardiac Consult
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Podiatry (Foot Examination)
- Physiotherapy Consult
- Diet & Lifestyle Counselling (Diabetics Education Session for Diabetics)

With Stress Echo Price: ₹ 30,550

APOLLO CHILD HEALTH CHECK



Price: ₹ 3,510

Health Screening for Children 4-16 years

The Apollo Child Health Check helps detect early symptoms of disease, nutritional and developmental status in your child, so he/she can grow into a healthy and balanced individual

- Blood Grouping & Rh Typing
- Mantoux Test
- Complete Haemogram
- Stool Examination
- Complete Urine Analysis
- Hearing Test (Pure Tone Audiometry-PTA)
- Eye Examination
- Dental Examination
- Paediatrician Consult

APOLLO BASIC WELL WOMEN CHECK



Price: ₹ 4,420

Comprehensive evaluation is recommended for women above 40 yrs of age / for post-menopausal women / who have a strong family history of cancer

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- X-Ray Chest (PA)
- Ultrasound Pelvis (Including TVS)
- Mammogram and Ultrasound Breast (Screening Only)
- Gynaecologist Consult & Review (Pap Smear and Breast Examination)
- TSH
- Serum Troponin

APOLLO REGULAR WELL WOMEN CHECK



Price: ₹10,920

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- S.Calcium
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)

- Thyroid Stimulating Hormone (TSH)
- Vitamin D3
- ECG (Resting)
- X-Ray Chest (PA)
- Mammogram and Ultrasound Breast (Screening Only)
- Ultrasound Pelvis (Including TVS)
- Stool Routine and Microscopy
- Urine Routine and Microscopy
- Serum Troponin
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)

APOLLO PROHEALTH COMPREHENSIVE WELL WOMEN HEALTH PROGRAM



Price: ₹ 15,340

Comprehensive evaluation is recommended for women above 40 yrs of age / for post-menopausal women / who have a strong family history of cancer

- Complete Haemogram
- Fasting Blood Sugar
- Glycosylated Haemoglobin (HbA1c)
- Kidney Function Test (Blood Urea, S. Creatinine and Uric Acid)
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Serum Troponin
- Thyroid Stimulating Hormone (TSH)
- Urine Routine and Microscopy

- Stool Routine and Microscopy
- ECG (Resting)
- X-Ray Chest (PA)
- Ultrasound- Whole Abdomen
- Dexa Scan (Lumbar Spine and Hip)
- Bilateral Mammogram and Ultrasound Breast (Screening Only)
- Gynaecology Consult and Review for Women (Pap Smear and Breast Examination)
- Consult and Review with Physician

APOLLO KNEE CHECK



APOLLO KNEE CHECK BASIC

Price: ₹ 4,550

- CBC
- Glucose (Random)
- Uric Acid Serum
- Urine Routine & Microscopy
- CRP-C Reactive Protein
- X-Ray Both knees-AP, Lat, Skyline
- Orthopaedic Consult
- Physiotherapy Counselling

APOLLO KNEE CHECK ADVANCE (SINGLE KNEE)

Price: ₹ 16,510

- All tests in Apollo Knee Check Basic +
- MRI of Single joint

APOLLO KNEE CHECK- ADVANCE (BOTH KNEES)

Price: ₹ 26,780

- All Tests in Apollo Knee Check Basic +
- MRI of Both knee joints

APOLLO PROHEALTH FUTURE PROGRAM



Price: ₹1,30,520

- Complete Haemogram
- Glucose Fasting
- Glucose PP
- Glycosylated Haemoglobin (HbA1c)
- Blood Grouping and Typing
- Albumin- Serum
- Alpha Feto Protein Serum
- APO Lipoprotein A1- Serum
- APO Lipoprotein B Serum
- S.Calcium Serum
- S.CEA- Serum
- S.Cortisol
- S.Creatinine
- S.Electrolytes (Na+, K+, Cl-)
- S.Ferritin
- S.Folate
- S.Homocysteine
- Insulin (Fasting) Serum
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)

- S.Lipoprotein (a)
- S.Magnesium
- Microalbumin(MAU) (Spot Urine)
- S.Phosphorus
- Prostate Specific Antigen (PSA) for Men
- Testosterone
- Thyroid Profile (T3, T4, TSH)
- S.Urea
- Uric Acid
- Vitamin B12
- Vitamin D (25 OH)
- Anti HCV ELISA
- Anti HIV (I & II) ELISA
- HBsAg ELISA
- CRP
- Plasma Fibrinogen
- X-Ray Chest (PA)
- Pulmonary Function Test (PFT/Spirometry)
- Bilateral Mammogram & Ultrasound Breast (For Females)
- Ultrasound Whole Abdomen (Screening Only)
- ECG (Resting)
- Cardiac Stress Analysis (TMT)
- Echocardiogram
- Carotid Doppler
- Hearing Test- Pure Tone Audiometry (PTA)
- Dexa Scan
- Stool Occult Blood

- Stool Routine and Microscopy
- Urine Routine and Microscopy + Aerobic Culture and Sensitivity
- Ophthalmology Consult with Fundus Examination
- ENT Consult
- CA-125 (For Female)
- Gynaecology Consult & Review (for Women)
 (Pap Smear & Breast Examination)
- Dental Consult
- Oncology Consult
- Surgical Consult
- Cardiac Consult
- Consult and Review with Physician
- Podiatry (Foot Examination)
- Diet & Lifestyle Counselling

APOLLO CANCER CHECK



Price: ₹ 5,980

- Complete Haemogram
- Glucose Fasting
- Glucose PP
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Kidney Function Test (Blood Urea, S. Creatinine and Uric Acid)
- Prostate Specific Antigen (PSA) for Men
- Urine Routine and Microscopy
- Stool Occult Blood
- Cytology Pap Smear (For Females)

- Ultrasound Breast (For Females- Screening only)
- Bilateral Mammogram (Both Breasts- For Females)
- Ultrasound Screening Whole Abdomen
- X-Ray Chest (PA)
- Oncology Consult
- Gynaecology Consult (For Females)
- Surgeon Consult (For Males)
- Diet & Lifestyle Counselling

APOLLO SENIOR CITIZENS HEALTH CHECK



Price: ₹ 4,550

- Complete Haemogram
- Glucose Fasting
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile
- Serum Creatinine
- Urine Routine and Microscopy
- X-Ray Chest (PA)
- ECG (Resting)
- Geriatric Consultation

APOLLO PROHEALTH COMPREHENSIVE SENIOR CITIZEN PROGRAM



Price: ₹ 16,640

Complete Haemogram

- Glucose Fasting
- Glycosylated Haemoglobin (HbA1c)
- Lipid Profile
- Kidney Function Tests (Blood Urea, S. Creatinine and Uric Acid)
- Liver function Test
- Thyroid Stimulating Hormone (TSH)
- S calcium
- S phosphorus
- Pap smear (For Women)
- Urine Routine and Microscopy
- Stool Occult Blood
- Stool Routine and Microscopy
- X-Ray Chest (PA)
- ECG (Resting)
- Prostate Specific Antigen (PSA) for Men
- Ultrasonogram of the Abdomen
- Mammography (For Women)
- Dexa Scan (Lumbar Spine and Hip)
- Physician Consultation
- Gynae/Surgical Consultation
- Geriatric Consultation
- Dietary Consultation
- Physiotherapy Consult (if required)

APOLLO PROHEALTH PLATINUM PROGRAM



Price: ₹43,420

- Complete Haemogram
- Blood Sugar: Fasting Blood Sugar, PP Blood Sugar (for Diabetics only), HbA1c

- Renal Urea: Urea, Creatinine, Uric Acid
- Lipid Profile (Cholesterol, Triglycerides, VLDL, HDL, LDL, Total Cholesterol/HDL Ratio)
- Liver Function Test (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphatase, Bilirubin)
- Urine Routine and Microscopy
- Urine Aerobic Culture and Sensitivity
- Stool Routine and Microscopy
- Ophthalmology Consult with Fundus Examination
- ECG (Resting)
- X-Ray Chest (PA view)
- Ultrasonogram of the Abdomen (Screening)
- Pap Smear (for Women)
- Blood Grouping
- S Calcium & Phosphorus
- S Electrolytes
- HbsAg
- Anti- HCV
- Thyroid Stimulating Hormone (TSH)
- Plasma Fibrinogen
- Serum Homocysteine
- Serum Apolipoprotein A1 and B
- Serum Lipoprotein (a)
- hsCRP
- Vitamin D3 Level
- Prostate Specific Antigen (PSA) for Men
- Stool Occult Blood
- T3 T4 along with TSH (Thyroid Stimulating Hormone)
- Vitamin B12 along with Vitamin D3 level
- CEA
- HS TnI- HIGH SENSITIVE TROPONIN-I SERUM

- INDIRECT OPHTALMOSCOPY(FUNDUS EXAMINATION)
- MAU (MICROALBUMIN) SPOT URINE
- Urine Culture and Sensitivity
- TMT
- ECHO
- Pulmonary Function Test (Spirometry)
- Bilateral Mammogram (for Women)
- Bilateral USG Breast (for Women)
- DEXA Scan/Bone Scan
- Audiogram
- Consultations: Physician Consult, Surgical Examination (Men), Gynaecologist Consult (Women), Ophthalmologist Consult with Fundus Examination ENT Consultation, Dental Consultation, Cardiologist Consult, Diet Counselling

APOLLO PROHEALTH ADVANCED PLATINUM PROGRAM



Price: ₹ 67,470

- Complete Haemogram
- Blood Sugar: Fasting Blood Sugar, PP Blood Sugar (for Diabetics only), HbA1c
- Renal Urea: Urea, Creatinine, Uric Acid
- Lipid Profile (Cholestrol, Triglycerides, VLDL, HDL, LDL, Total Cholestrol/HDL Ratio)
- Liver Function Tests (Protein total, Albumin, Globulin, SGOT, SGTP, GGTP, Alkaline Phosphtase, Bilirubin)
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- ECG (Resting)
- X-Ray Chest (PA view)
- Ultrasonogram of the Abdomen (Screening)

- Pap Smear (For Women)
- Blood Grouping
- S. Calcium & Phosphorus
- S. Electrolytes
- HbsAg
- Anti- HCV
- Ophthalmology Consult with Fundus Examination
- Thyroid Stimulating Hormone (TSH)
- Plasma Fibrinogen
- Serum Homocysteine
- Serum Apolipoprotein A1 and B
- Serum Lipoprotein (a)
- hsCRP
- Vitamin D3 Level
- Prostate Specific Antigen (PSA) (Men above 50 years)
- Stool Occult Blood (for Men and Women above 50 years)
- Urine Culture and Sensitivity
- TMT
- ECHO
- Pulmonary Function Test (Spirometry)
- Mammogram (for Women)
- Bilateral USG Breast (Screening)
- DEXA Scan/Bone Scan
- Audiogram
- CT Coronary Angiograpgy
- Consultations: Physician Consult (includes both clinical and examination review),
 Surgical Examination (Men), Gynaecologist Consult (Women), Ophthalmologist
 Consult, ENT Consultation, Dental Consultation, Cardiologist Consult, Diet
 Counselling

		Juc	draprastha A	pollo Hospit	Indraprastha Apollo Hospitals Health Check Packages	heck Packag	ses			
NAME	Apollo Pro Health Super	Apollo Pro Personalised Health Check	Apollo Pro Health Executive Health Program	Apollo Pro Heart Program	Apollo Prohealeh Whole Body Health Program	Apollo Pro Health Regal	Apollo Pro Health Advanced Whole Body Program	Apollo Prohealth Comprehensive Well Women Health Program	Apollo Pro Health Executive Health Program	
Domestic Price*	-/09E6	11310/-	-/0/511	13260/-	17420/-	-/02	29120/-	15340/-		
LAB TESTS										
Clinical Pathology										
Complete Haemogram	•	•	•	•	•	•	•	•		
Urine Routine & Microscopic	•	•	•	•	•	•	•	•		
Stool Routine	•	•	•	•	•	•	•	•		
Stool Occult Blood					•	•	•			
Diabetes Screening										
Blood Sugar (Fasting)	•	•	•	•	•	•	•	•		
Blood Sugar (PP- only for diabetics)	•	•	•	•	•	•	•	•		
HbA1C	•	•	•	•	•	•	•	•		
MAU							•			
Liver Profile										
T, Protein	•	•	•	•	•	•	•	•		
Albumin	•	•	•	•	•	•	•	•		
AG ratio	•	•	•	•	•	•	•	•		
Bilirubin	•	•	•	•	•	•	•	•		
SGOT	•	•	•	•	•	•	•	•		
SGPT	•	•	•	•	•	•	•	•		
Gamma Glutamyl transferase (GGT)	•	•	•	•	•	•	•	•		
Alkaline Phosphatase (ALKP)	•	•	•	•	•	•	•	•		
HBsAg					•	•	•			
Anti HCV						•	•			
Kidney Profile										
Blood Urea (BUN)	•	•	•	•	•	•	•	•		
Serum Creatinine	•	•	•	•	•	•	•	•		
Uric Acid	•	•	•	•	•	•	•	•		
Serum Electrolytes				•	•	•	•			

		Inc	draprastha A	pollo Hospit	Indraprastha Apollo Hospitals Health Check Packages	heck Packag	ges			
NAME	Apollo Pro Health Super	Apollo Pro Personalised Health Check	Apollo Pro Health Executive Health Program	Apollo Pro Heart Program	Apollo Prohealeh Whole Body Health Program	Apollo Pro Health Regal	Apollo Pro Health Advanced Whole Body Program	Apollo Prohealth Comprehensive Well Women Health Program	Apollo Pro Health Executive Health Program	
Domestic Price*	-/09E6	11310/-	11570/-	13260/-	17420/-	-/02	29120/-	15340/-		
Complete Lipid Profile										
Cholesterol	•	•	•	•	•	•	•	•		
Triglyceride	•	•	•	•	•	•	•	•		
High Density Lipoprotein (HDL)	•	•	•	•	•	•	•	•		
Low Density Lipoprotein (LDL)	•	•	•	•	•	•	•	•		
Very Low Density Lipoprotein (VLDL)	•	•	•	•	•	•	•	•		
Mineral and Vitamin Levels										
Serum Phosphorus					•	•	•			
Serum Calcium					•	•	•			
Serum Magnesium							•			
Serum Troponin	•	•	•	•	•	•	•	•		
Vit D						•	•			
Vit B12						•	•			

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serum Iroponin	Vit D	Vit B12	Thyroid Profile	TSH	T3 and T4	Cancer Screening	PSA- for males	PAP Smear - for females	CEA	DIAGNOSTIC TEST	Lung Health	Pulmonary Function Test	Imaging	X- Ray Chest (PA)	USG Whole Abdomen	DEXA	USG Pelvis	
		26	6															

		<u>=</u>	Indraprastha Apollo Hospitals Health Check Packages	pollo Hospit	tals Health C	heck Packag	jes		
NAME	Apollo Pro Health Super	Apollo Pro Personalised Health Check	Apollo Pro Health Executive Health Program	Apollo Pro Heart Program	Apollo Prohealeh Whole Body Health Program	Apollo Pro Health Regal	Apollo Pro Health Advanced Whole Body Program	Apollo Prohealth Comprehensive Well Women Health Program	
Domestic Price*	-/09E6	-/01811	11570/-	13260/-	17420/-	-/02	29120/-	15340/-	
Heart Health									
ECG	•	•	•	•	•	•	•	•	
TMT		*•	•	•	•	•	•		
ЕСНО		*•		•	•	•	•		
Eye tests									
Refraction					•	•	•		
Fundus Examination							•		
Cancer Screening									
Mammography					•	•	•	•	
USG Breast					•	•	•	•	
CONSULTATIONS									
Physician	•	•	•	•	•	•	•	•	
Surgeon for males / Gynaecologist for females	•	•	•	•	•	•	•	•	
Dental					•	•	•		
Opthalmologist					•	•	•		
Cardiologist				•	•	•	•		
ENT					•	•	•		
Podiatrist							•		
Clinical Nutritionist/ DiabetesEducation for Diabetics	•	•	•	•	•	•	•		
Lifestyle Counselling	•	•	•	•	•	•	•		
Physiotherapy Counselling	•	•	•	•	•	•	•		

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The Chairman's Choice ABC - A healthy and refreshing drink

How to prepare

Step 1: Blend two beetroots

Step 2: Add one carrot, and blend it again

Step 3: Filter the beetroot-carrot juice

Step 4: Blend one apple separately, then filter

Step 5: Pour the beetroot-carrot juice into a glass first, then top it up with apple juice

Step 6: Relish the drink



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