



## FREEDOM FROM **URINARY INCONTINENCE**

**World Continence Week 2013**  
24<sup>th</sup> - 30<sup>th</sup> June 2013

Urinary incontinence or involuntary leakage of urine is common in women. Because its so embarrassing, many women limit their routine activities. Fortunately it is treatable at any age. If you experience any of the symptoms below, walk into Apollo Hospitals and regain control of your life.

### **Symptoms :**

- Urinary incontinence – accidental leakage of urine
- Urinary urgency - sudden and strong sensation to urinate immediately
- Frequency – urinating often, usually more than 8 times in a day
- Pelvic floor problems – mass coming out of the vagina

**For registration call 6060 1066**

If you have any of the above symptoms,  
You could have urinary incontinence.  
**Consult a Urologist / Uro-Gynaecologist today.**

### **Public Awareness Programme** on the occasion of World Continence Week 2013

**Date:** 27<sup>th</sup> June, 2013 **Time:** 4.00 pm

**Venue:** Basement Auditorium, Apollo Hospitals, Greams lane, Off Greams Road,  
Chennai - 600 006