



GIVE YOUR HEALTH A FRESH START.

This World No Tobacco Day, stay away from tobacco.

From cigarettes, hookah, and chillums, to gutka, betel quid, and pan masala, every form of tobacco is harmful. This World No Tobacco Day, make a promise to steer towards good health.

It's time to give up the puffs that could lead to cancer of various organs, as well as issues concerning reproduction, bones, immunity, teeth and gums, and an increased risk of heart disease, diabetes, cataract, rheumatoid arthritis, etc. With passive smoking being equally damaging, even non-smokers are at risk.

So now's the time to put an end to it and do what's right – a health check-up. Even if you aren't a smoker.



Tests:

- COMPLETE BLOOD COUNT (HAEMOGLOBIN, PACKED CELL VOLUME, RBC COUNT, TOTAL WBC, DIFFERENTIAL COUNT & PLATELET COUNT)
- RANDOM BLOOD SUGAR
- CHEST X-RAY
- ELECTROCARDIOGRAM (ECG)
- PULMONARY FUNCTION TEST (PFT)
- PHYSICAL EXAMINATION & COUNSELLING ON SMOKING CESSATION

Note: TMT & Mammogram (>40 years age), if needed, to be done as additional tests, and the guest will be eligible for a 40% discount on them. Over and above, if any other tests are recommended by the physician additionally, the guest will be eligible for a 20% discount on them.

To book an appointment, reach out to us on 1860-500-0707, or www.askapollo.com or aphc@apollohospitals.com



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WORLD
NO
TOBACCO
DAY

31st MAY, 18

THIS WORLD NO TOBACCO DAY, QUIT IGNORING YOUR HEALTH.



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So now's the time to put an end to it and do what's right – a health check-up. Even if you aren't a smoker.

~~3100/-~~
₹ **2150/-**

TESTS:

- Complete Blood Count (Haemoglobin, Packed Cell Volume, RBC Count, Total WBC, Differential Count & Platelet Count)
- Random Blood Sugar • Chest X-Ray • Electrocardiogram (ECG)
- Pulmonary Function Test (PFT)
- Physical Examination & Counselling on Smoking Cessation

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The model is being used for illustrative purposes only.

