



# 6<sup>th</sup> Apollo International Clinical Nutrition Update - 2014



Paediatrics to Geriatrics: Practice Based Evidence in Clinical Nutrition

9th & 10th August, 2014 - Bangalore.

Apollo Hospitals, the "Architect of Healthcare" has consistently led game-changing developments in healthcare by bringing to the people, the latest innovations in key medical specialities and super-specialities and in keeping with the tradition of providing outstanding healthcare of international standards.

## About Department of Dietetics – Apollo Hospitals Group

The philosophy of our department is to establish and encourage good nutritional practices and standards as an integral part of the health care provided. We pride ourselves for our commitment; single-minded passion and going the extra mile to stay relevant and revolutionary in the field of clinical nutrition which has helped us adopt new innovations and technologies as **“an approach for quality improvement to benchmark our nutrition practices”**.

- The 1st Indian Hospital to have accomplished a distinct place in International Nutrition Survey (**INS**) 2012 in the Global map where 183 ICUs participated and Apollo Hospitals Main, Chennai and Apollo Speciality Hospitals, Madurai won the Best of Best award in Critical Care Nutrition practices.
- 10 ICU of Apollo Hospitals across India participated in **INS 2013**
- Nutrition Day World Wide – 15 ICUs and 4 Oncology units of Apollo Hospitals across India have participated in the Nutrition day survey 2013.

### Date :

9th & 10th August, 2014

### Venue:

Hotel Chancery Pavilion,  
Residency Road,  
Bangalore, Karnataka 560025  
Tel : +91 80 41414445



**Dr. Bhuvaneshwari Shankar**  
Organising Secretary  
AICNU 2014

## Past Events

The first five conferences were each a sell-out success with an average of 300 delegates in attendance. Invited speakers, delegates, and sponsors have all confirmed that this is a unique and world-class international meeting bringing together the medical, nutrition and scientific communities to explore the clinical application of the latest in nutritional and medical science.

We are delighted to invite you for the 6th Apollo International Clinical Nutrition Update 2014 (6th AICNU 2014).

## Objectives

- The update focus to help attendees
- Learn to demonstrate the value of nutrition intervention through meaningful metrics
  - Stay abreast of current trends and skills needed for advanced practice, from novice through expert

In addition to general and concurrent adult and pediatric sessions, there will be opportunities to network with other healthcare leaders, and visit vendor display.

## Theme

“Paediatrics to Geriatrics: Practice based Evidence in Clinical Nutrition”

## Faculty

An impressive line-up of dynamic national and international experts will be present to explore the conference themes and their inter-relationship.

## Patrons Message

Hippocrates had acknowledged the importance of food in prevention of disease centuries ago. Nevertheless, the acknowledgement of clinical nutrition is a relatively recent phenomenon and to make up for the lost time, the pace of development in this domain has been extraordinarily rapid. Today, there is an overwhelming amount of scientific evidence to support the role of proper diet as the new medicine paradigm and furthermore, to address the burgeoning demands of disease, it is the responsibility of the entire medical fraternity to stay ahead of the curve. Apollo Hospitals has been at the forefront of battling disease within the hospitals and is increasingly taking the battle outside the physical realm of a hospital environment.

At Apollo Hospitals, our Clinical Nutrition teams work closely with the Clinical teams to bring together evidence-based care along with our signature ingredient, TLC (Tender Loving Care) in helping patients battle the disease harder and faster.

In an advancing medical landscape, dietitians will play a greater role than ever before and therefore it is critical that they continuously stay abreast of global trends and development in the field. The Clinical Nutrition Update is an annual event which addresses aspects of patient care at hospitals and also that of hospital-based nutritional intervention. In the Scientific Programme of this Update, Doctors and Dietitians will address medical and nutritional requirements of different clinical conditions. The event faculty includes distinguished National and International Physicians, Surgeons, Pediatricians, Intensivists, Dietitians and Clinical Nutritionists, experts in the field.

The 6th Apollo International Clinical Nutrition Update is an effort to augment the knowledge of the Dietitians by sharing the evidence-based best practices in Clinical nutrition, by exchange of ideas and knowledge between different disciplines.

We do hope that all the participants harness the immense knowledge that this forum brings forth in addressing the ever increasing and changing demands on the clinical dietitian's expertise.



**Dr. Prathap C. Reddy**  
Executive Chairman  
Apollo Hospitals Group

## Patrons

### **Dr. Prathap C. Reddy**

Executive Chairman, Apollo Hospitals Group

### **Dr. Preetha Reddy**

Managing Director, Apollo Hospitals Group

### **Ms. Suneeta Reddy**

Joint Managing Director, Apollo Hospitals Group

### **Ms. Sangita Reddy**

Executive Director, Apollo Hospitals Group

### **Ms. Shobana Kamineni**

Executive Director, Special Initiatives  
Apollo Hospitals Group

## Organising Committee

### **Secretary**

#### **Dr. Bhuvaneshwari Shankar**

Group Chief Dietitian, VP(Dietetics)  
Apollo Hospitals Group

### **Joint Secretary**

#### **Dr. Priyanka Rohatgi**

Chief Clinical Dietitian  
and HOD (Dietetics)  
Apollo Hospitals, Bangalore

#### **Ms. Sandhya Singh S**

HOD (Dietetics)  
Apollo Speciality Hospital  
Jayanagar, Bangalore

## Advisors

### **Dr. Anupam Sibal**

Group Medical Director, Apollo Hospitals Group

### **Dr. Sarath Gopalan**

Visiting Consultant,  
Paediatric Gastroenterology and Hepatology  
Indraprastha Apollo Hospitals

### **Dr. N. Ramakrishnan**

Director, Critical Care Services  
Apollo Hospitals, Chennai

### **Dr. Umapathy Panyala**

Chief Executive Officer,  
Apollo Hospitals, Karnataka Region

### **Dr (Lt Gen) Shiv Kumar Sharma**

Director Medical Services  
Apollo Hospitals, Bangalore

### **Mr. Ravindra Pai**

Senior Vice President  
Healthcare Services & Operations  
Apollo Hospitals, Bangalore

### **Dr. Govindaiah Yatheesh**

Medical Superintendent  
Apollo Hospitals, Bangalore

## PROGRAMME AGENDA

Day - 1 9<sup>th</sup> August 2014

TIME	TOPIC	SPEAKER
8.30am	Registration	
9.30am	Current issues in childhood overweight and adiposity: a clinical and public health perspective	<b>Prof. (Dr.) Anura V Kurpad</b> Professor of Physiology
		<b>Dr. Rebecca Raj</b> Associate Professor & Head - Clinical Nutrition Unit, St. John Hospitals, Bangalore
10.00am	Insights on Pre & Postoperative Nutrition	<b>Dr. Reynaldo Sinamban</b> Consultant Laparoscopic and Baritric Surgery St. Luke's Medical Centre, Phillipines
10.45am	Exchange of views	
11.00am	Morning Refreshment	
11.15am	Nutrition in Pancreatitis	<b>Dr. Philip Abraham</b> Senior Consultant Gastroenterologist P D Hinduja Hospital, Mumbai
12 Noon	Exchange of views	
12.15pm	Inauguration	
13.00pm	Networking Lunch	
14.00pm	Post Surgical Complication - Nutrition Intervention in Chylothorax	<b>Dr. Parthasarathi Bhattacharyya</b> Consultant Paediatric Intensivist Apollo Hospitals, Kolkata
14.30pm	Case Scenario	<b>Ms. Lekha.V.S</b> Sr.Clinical Dietitian, Apollo Children Hospitals, Chennai
14.45pm	Exchange of views	
15.00pm	Practical aspects of planning a Ketogenic Diet: Case Scenarios	<b>Ms. Archana Rairikar</b> Consulting Dietitian Satwa nutrition center, Pune
15.45pm	Exchange of views	
16.00pm	Evening Refreshment	
16.15pm	Nutrition in Geriatrics	<b>Dr. Anoop Amarnath</b> Director & Consultant Geriatric Medicine Apollo Hospitals, Bangalore
16.45pm	Exchange of views	
17.00pm	Paediatric TPN Planning : Preliminary Session	<b>Dr. Anand Alladi</b> Senior Consultant Paediatric Surgery & Urology Apollo Hospitals, Bangalore

DAY - 2 Cont..



PROGRAMME AGENDA		Day - 2 10 <sup>th</sup> August 2014
TIME	TOPIC	SPEAKER
9.00am	Best of the Best Abstracts of AICNU 2014: Oral Presentation	
9.30am	Nutrition Support in Cancer	<b>Prof. (Dr). Mohandas K Mallath</b> Department of Digestive Diseases Tata Medical Center, Kolkata
10.00am	Exchange of views	
10.15am	Evolution of Diabetes Medical Nutrition Therapy: Updates on guidelines & New Insights	<b>Ms. Sylvia See Way LAM</b> Senior Registered Dietitian Hongkong
11.00am	Exchange of views	
11.15am	Morning Refreshment	
11.30am	How critical is Critical care nutrition?	<b>Dr. Ravindra M Mehta</b> Senior Consultant Interventional Pulmonology Critical Care, Sleep Medicine Apollo Speciality Hospitals, Bangalore
12.00Noon	Case Scenario	<b>Ms. Sandhya Singh</b> HOD - Dietetics Apollo Speciality Hospitals, Bangalore
12.15pm	Exchange of views	
12.30pm	Paediatric TPN Planning	<b>Dr. Anand Alladi</b> Senior Consultant Paediatric Surgery & Urology Apollo Hospitals, Bangalore
13.00pm	Case Scenario	<b>Dr. Priyanka Rohatgi</b> Chief Clinical Dietitian and HOD (Dietetics) Apollo Hospitals, Bangalore
13.15pm	Exchange of views	
13.30pm	Networking Lunch	
14.30pm	Clinical Nutrition Quiz by Dr. N. Ramakrishnan, Dr. Sarath Gopalan & Dr. Bhuvaneshwari Shankar Note: Preliminary test for quiz selection will be done on day 1 during lunch break.	





## Registration Fees

### Delegate

Dietitians / Healthcare Professionals

Students\*

\* Student ID required at the time of registration

### Early Bird

(until July 15th 2014)

Rs. 2000/-

Rs. 1500/-

### Full Fee

(After July 15th 2014)

Rs. 2500/-

Rs. 2000/-

## Important Dates to Remember

### Registration Early Bird :

Date : until July 15th 2014

E-Mail :clinicalnutritionupdate@gmail.com

### Abstract Deadline:

Date :31st May 2014 (2359 GMT)

E-Mail :aicnuabstracts@gmail.com

## Arranging your accommodation

Conference delegates are responsible for their own accommodation bookings and suggested accommodation at special conference rate are as follows:

S.No	Name of the Hotel	Type of Room	Tariff (Rs.)	Contact
1.	The Chancery Pavilion (5*) (Conference Venue)	Standard Single Standard Double Standard Triple	4800/- 5400/- 6000/-	Ms. Shveta - 09900094659 sales.cp@chanceryhotels.com
2.	The Chancery (4*) (1km from the venue)	Standard Single Standard Double Standard Triple	3800/- 4400/- 5000/-	
3.	Fortune park JP celestial (4*) (15-20min drive from the venue)	Standard Single Standard Double Standard Triple	3000/- 4000/- 5000/-	Mr. Ankit Pratap Singh- 09686689989 Mr. Sourav Sanyal- 09164316611 sales1.fpc@fortunehotels.in
4.	Fortune park JP Cordial (3*) (15-20min drive from the venue)	Standard Single Standard Double Standard Triple	2500/- 3500/- 4500/-	
5.	St.Marks Inn (1km from the venue)	Single Double double + extra bed	2500/- 2800/- 3200/-	Mr. Azam - 09901015787; 08041122787 stmarksinn@yahoo.com

We extend a warm invitation for you to join us at what will again be an informative, intellectually challenging and clinically significant event.