

Go from Good to Great.

The Apollo International Clinical Fellowship Programme 2022 (MCh/MMed)

In partnership with GTEC/WWL NHS Trust, UK & Edge Hill University, UK

WORK, LEARN, EARN AND EXCEL

Approved by General Medical Council UK for sponsorship

MCh pathways are accredited by the Royal College of Surgeons of England

What makes a good doctor great? Is it the thousands of hours they put into honing their craft? Is it an astute reading of the human condition? Or a pleasing bedside manner? Could it be the quiet confidence that comes with knowing the inner workings of organs so well? Perhaps it is curiosity and kindness that is at the heart of it all. No single ingredient makes a great doctor but learning and working on each of these skills can put you on the path to a successful career in medicine. *Join the Apollo International Clinical Fellowship Programme (ICFP). Go from Good to Great.*

PROGRAMME HIGHLIGHTS:

- ★ **3 year programme - Foundation year 1 in India and 2 years in UK.**
- ★ **Certification from Apollo Hospitals and Edge Hill University, UK.**
- ★ **GMC recognised UK medical degree.**
- ★ **RCS accredited programme.**
- ★ **While in UK full time NHS salary – average GBP 45,000 p.a + overtime extras.**
- ★ **Assured NHS job and clinical fellowship placement support of your choice.**
- ★ **Soft skills training including leadership, communication and research.**
- ★ **Post-programme placement assistance.**

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Chairman's Message



The genesis of Apollo Hospitals began in its mission to bring healthcare of international standards within the reach of every individual. This goal called upon us to keep raising the bar in medical education and research, as they are pivotal to deliver best-in-class care, save lives and nurture healthy communities.

Medical education is the foundation and a fundamental building block of a healthcare system. In shaping a healthy tomorrow, it is undoubtedly the graduating doctors and specialists, who hold the key which will determine the quality of medical care services. Therefore, to achieve higher standards of medical education, it is important that we re-evaluate every aspect that goes into it - create an efficient accreditation system; promote an equal distribution of resources, redesign curricula with stricter implementation and improved assessment methodologies; all that contribute to building an all-new talent pool and consequently enhanced healthcare delivery.

In this journey of healing, partnerships are crucial and Apollo has a collaboration with the Health Education England and NHS - GTEC / Edge Hill University UK. The hybrid MCh & MMed programme is unique as it allows post graduate doctors seeking higher education to learn, work in a sub-specialty of their interest at Apollo and in the United Kingdom for a determined period, while continuing to earn during the said period.

Take a forward looking decision for a global career in Medicine and Surgical Specialty!

With best wishes and personal regards,

Dr Prathap C Reddy

Chairman, Apollo Hospitals Group

Objectives of the Apollo International Clinical Fellowship Programme (ICFP)

The Apollo ICFP is carefully structured to ensure that doctors get mentorship, world-class specialist training and hands-on experience in providing the highest standards of healthcare. The purpose of the Apollo ICFP is to equip doctors with the skills and knowledge they need to reach their full potential.



THE PROGRAMME AIMS TO ENABLE ITS STUDENTS TO:

- **Develop critical appraisal, autonomy, advanced decision making skills and apply them in innovative ways, within their specialised areas of practice.**
- **Gain experience in the management of the common conditions of their chosen specialty and also become prepared for the management of complex conditions.**
- **Further develop their skills in arthroplasty, arthroscopy, spine surgery, minimal access surgery, neurosurgery, surgical oncology and in specialised areas like interventional cardiology, ENT, accident and emergency, acute medicine, respiratory medicine, gastroenterology, endocrinology, rheumatology, medical oncology and radiology. Students can identify an area of interest during residency and that can be made available too.**
- **Acquire the ability to manage junior doctors and undergraduates including teaching the general principles of therapy and diagnosis of symptoms and ailments.**
- **Learn to communicate with the patient and their relatives pertaining to the disease condition, its severity and options available for treatment.**
- **Gain a critical understanding of evidence-based practice, research methodologies and ability to evaluate, analyse, synthesise, generate and disseminate findings of research.**
- **Grow into critical and reflective practitioners, who are able to synthesise professional experience and scholarly study.**
- **Contribute to evidence-based healthcare practice through advanced clinical decision making and reasoning.**



ELIGIBILITY CRITERIA:

- **Doctors with MS / MD / Diplomate of National Board (DNB) in Surgery or Medicine degree recognised by General Medical Council, UK.**
- **IELTS academic (score is 7.5 and no less than 7 in any domain) or OET (minimum B)***
- **You must not have appeared and failed the PLAB exam (either Part 1 or 2)**
- **Must be eligible for Tier 2 (General) Visa and meet UK employment, pre-employment clearances.**

* Progression to the UK is subject to satisfactory performance in the first year with Apollo Hospitals.

OTHER STANDARD REQUIREMENTS:

- **Appropriate academic and clinical skills**
- **Appropriate language skills**
- **Diligent commitment to NHS standards and behaviours**
- **Acceptance of a job plan that combines research and clinical commitment**
- **Willingness to work and study over weekends. Students must be aware that academic and clinical modules are taught on Saturdays - usually 2 Saturdays per month. Some clinical teaching may also be delivered during weekdays either as part of the working week or beyond normal working hours.**
- **Commitment to complete an agreed period of study and training of between 2 and 3 years in the UK**

Specialist pathways

The ICFP allows you to choose your specialist pathway based on your current specialty.

Specialty	Pathways
MCh Orthopaedics	MCh Trauma & Orthopaedics MCh Orthopaedics (Hip & Knee) MCh Orthopaedics (Hip & Knee) MCh Orthopaedics (Hand & Wrist Surgery) MCh Orthopaedics (Spine) MCh Orthopaedics (Upper Limb Surgery) MCh Paediatric Orthopaedics MCh Limb Reconstruction
MCh ENT	MCh Otorhinolaryngology
MCh Surgical	MCh Surgery MCh Colorectal Surgery MCh Cardiothoracic Surgery MCh Minimal Access Surgery MCh Neurosurgery MCh Surgical Gastroenterology MCh Surgical Oncology MCh Urology MCh Plastic Surgery MCh Renal & Pancreatic Transplant Surgery

Specialty	Pathways
MCh Gynaecology	<ul style="list-style-type: none"> MCh Gynaecology MCh Obstetrics & Gynaecology MCh Obstetrics MCh Reproductive Medicine MCh Urogynaecology MCh Gynaecology Oncology MCh Foetal Medicine
MCh Emergency & Trauma	<ul style="list-style-type: none"> MCh Emergency & Trauma
MMed Cardiology	<ul style="list-style-type: none"> MMed Cardiology (and subspecialty training in pacing, electrophysiology) MMed Interventional Cardiology
MMed Medicine	<ul style="list-style-type: none"> MMed Medicine MMed Acute Medicine MMed Elderly Medicine MMed Stroke & Rehabilitation MMed Respiratory Medicine Adult or Paediatric MMed Endocrinology Adult or Paediatric MMed Gastroenterology Adult or Paediatric MMed Nephrology Adult or Paediatric MMed Neurology Adult or Paediatric MMed Rheumatology MMed Stereotatic Radiotherapy
MMed Radiology Pathways	<ul style="list-style-type: none"> MMed Musculoskeletal Radiology MMed Breast Radiology MMed Cross-sectional Imaging
MMed Anaesthesia / Intensive Care	<ul style="list-style-type: none"> MMed Anaesthesia MMed Intensive Care MMed Regional Anaesthesia MMed Pain Management

Clinical placements - Earn While You Learn

The ICFP enables doctors to undertake active clinical training at participating NHS, UK hospitals. The clinical placements are organised by Apollo Education UK (AEUK) in partnership with GTEC/Wrightington Wigan and Leigh NHS Foundation Trust (WWL). It is not possible to join the programme without an approved clinical placement in the United Kingdom as this is required to allow you to meet the programme learning outcomes.

We partner with several hospitals in the UK and offer a range of placements based on the needs of the individual. You must be prepared to travel to the UK in early July to attend a week-long induction organised by AEUK/ WWL and Edge Hill University. You will be paid a full time salary while at Apollo Hospitals during the first year of this hybrid programme. Subsequently while placed in NHS Trust UK, the average salary range will be GBP 45,000 p.a. + (pro rata for part time), with any additional overtime supplements during your placement. If your job has on-call duties, this will be remunerated in line with current terms and conditions of service of NHS trust.

You will be entitled to the same privileges provided to other doctors in your grade working in Apollo Hospitals / NHS UK. All placements will start at registrar's level at Apollo Hospitals, which will be considered as the first year of this hybrid programme to understand the NHS standards and acquire the skills to supervise other junior doctors. This curriculum will be taught in partnership with faculty from the UK. Subsequently, upon interview and meeting, the eligible criteria will be placed in NHS Trust, UK as International Training Fellow, year two (which is at a junior level) and progress

on to (subject to satisfactory performance) International Training Fellow, year three (higher level) and possibly a further year's extension in the UK.

The duration spent at a junior level (particularly in surgical specialties) will vary depending on the individual and the experience obtained prior to commencement in the UK. The levels of clinical training and responsibilities increase each year. Although the terms Senior House Officer (SHO) and Registrar are no longer used in the UK, they are widely referred to internationally. International Training Fellow, year one will typically be at a SHO / Junior Registrar level.

The overarching aim of the clinical placements is to give you a broad experience in the management of the common conditions of your chosen specialty or subspecialty and also expose you to the management of complex conditions. You may also be required to work in the generality of your specialty during this period. For example: 1) An MMed student specialising in respiratory medicine may be required to work in Acute Medicine. 2) An MMed student in musculoskeletal radiology will also have sessions in general radiology.

Please note that placements will be allocated by the Pathway Leads, whose decision is final. Requests for particular placements will be considered but not guaranteed.

AN ILLUSTRATION OF CLINICAL PLACEMENTS AND TITLE OF HIGHER DEGREE AWARDED:

Trauma and Orthopaedic Surgery (Hip and Knee Surgery):

A doctor completes MS/DNB or equivalent in Trauma and Orthopaedics and wishes to specialise in Hip and Knee Surgery. In view of the significant operative skills, which are required, these doctors will be better starting at a junior level for up to 12 months whilst they acquire the necessary skills to progress to the role as first assistant to a team of consultants. They will be placed in the appropriate firms specialising in Hip and Knee surgery. They can rotate between all the participating trusts as required. After completion of the course, the doctor will be awarded MCh (Hip and Knee Surgery)

Respiratory Medicine (or other medical disciplines such as Rheumatology, Cardiology etc.):

A doctor completes MD/DNB or equivalent in Internal Medicine and wishes to specialise in Respiratory Medicine. A typical job timetable will include 4-6 sessions per week in respiratory medicine during the day time. The rest may be in internal medicine. In addition there may be on-calls in internal medicine overnight and during the weekends. The doctor may rotate between all the participating trusts as required. After completion of the course the doctor will be awarded the degree of Master in Medicine (Respiratory Medicine) - MMed in Respiratory Medicine.

Regional Anaesthesia:

A doctor completes MD/DNB or equivalent in Anaesthesia and wishes to specialise in Regional Anaesthesia. A typical job timetable will include 4-6 sessions per week focussing on Regional Anaesthesia during the day time. The rest may involve General Anaesthesia sessions. In addition there may be oncalls covering general emergencies overnight and during the weekends. The doctor may rotate between all the participating trusts as required. After completion of the course the doctor will be awarded the degree of Master in Medicine (Regional Anaesthesia) - MMed in Regional Anaesthesia.

Similar will be the case for other surgical / medical specialties such as Minimal Invasive Surgery / Colorectal Surgery / Cardiothoracic Surgery / Emergency & Trauma / ENT / Urology / Oncology / Acute Medicine / Critical Care / Radiology / Gastroenterology / Neurology / Nephrology and so on.

Mentorship and pastoral student support

Apollo Education UK along with GTEC - WWL/Edge Hill Programmes have developed extensive mentoring and pastoral support. Doctors will then be provided with a period of work shadowing and a local induction at their placement prior to commencement of the post. All doctors will have a designated Clinical Supervisor throughout the programme. During this time they will be attached to relevant firms to inform and introduce them to NHS standards and behaviours.

COURSE DELIVERY / PROGRAMME LEARNING OUTCOMES



Year 01



Foundation year in India at Apollo hospitals

- Extensive training with a designated mentor from your chosen specialty.



- Comprehensive mentorship, guidance and support for the duration of the programme.



- English language training - IELTS & OET.

- Visa application, documentation and GMC registration sponsorship assistance.

- NHS induction programme.

- Simulation based training.

- Resuscitation training.

- Communication and public speaking skills training.

- Research, publications and presentation guidance.

Year 02 & 03

Year 2 & 3 - 2 years job placement in NHS trust, UK

- **Work based clinical teaching and specific skills acumen.**



- **Core academic teaching on Saturdays.**



- **All posts will start at International Training Fellow Year 1 (which is at a junior level) to allow you to understand the NHS standards and acquire the skills to supervise other junior doctors.**

- **You will progress on to International Training Fellow Year 2 subject to satisfactory performance and demonstration of competencies.**

- **On call duties including nights and weekends covering general emergencies and specialties specific.**

- **Individual Specialty clinics and higher skills training under consultations supervision.**

- **Full time NHS salary scale as per Rota - average GBP 45,000 p.a. + overtime extras.**

- **You may rotate between all the participating NHS trusts as required.**

Academic and Professional Benchmarks

Modules within these programmes take cognisance of the following drivers:

- A Framework for Technology Enhanced Learning (DH, 2011)
- Modernising Medical Careers (DH, 2008)
- The Walport report (2005): Medically and dentally qualified academic staff: Recommendations for training the researchers and educators of the future
- Aspiring for excellence: Findings and final recommendations of the independent inquiry into modernising medical careers (2008)
- A high quality workforce: NHS next stage review (2008)
- Best research for best health: A new national health research strategy. Department of health (Research and Development Directorate) (2006)
- The global initiative for emergency and essential surgical care (GIEESC) (2005)
- Framework for higher education qualifications (2014), the QAA masters degree characteristics (2015)

PARTICIPATING HOSPITALS



India

- Apollo Hospitals, Chennai
- Apollo Hospitals, Bengaluru
- Apollo Gleneagles Hospital, Kolkata
- Apollo Hospitals, Hyderabad
- Apollo Indraprastha Hospital, Delhi
- Apollo Hospitals, Mumbai
- Apollo Hospitals, Pune



UK

- Wrightington, Wigan and Leigh Teaching Hospitals, NHS Foundation Trust
- Betsi Cadwaladr University Health Board
- Blackpool Teaching Hospitals, NHS Foundation Trust
- Bolton, NHS Foundation Trust
- Christie Hospitals, NHS Foundation Trust
- County Durham & Darlington, NHS Foundation Trust
- Dudley Group, NHS Foundation Trust
- East Lancashire, NHS Foundation Trust
- Hull University Teaching Hospitals, NHS Foundation Trust
- Lancashire Teaching Hospitals, NHS Foundation Trust
- Leeds Teaching Hospitals, NHS Foundation Trust
- Liverpool University Hospitals, NHS Foundation Trust
- Liverpool Women's, NHS Foundation Trust
- Luton and Dunstable, NHS Foundation Trust
- Manchester University, NHS Foundation Trust
- Manx Care (Isle of Man)
- Mid Cheshire Hospitals, NHS Foundation Trust
- Midlands Partnership, NHS Foundation Trust
- North Cumbria Integrated Care, NHS Foundation Trust
- Pennine Acute, NHS Foundation Trust
- Robert Jones & Agnes Hunt Orthopaedic Hospital, Oswestry
- Rotherham, NHS Foundation Trust
- Royal Free London, NHS Foundation Trust
- Salford Royal, NHS Foundation Trust
- Sandwell & West Birmingham, NHS Foundation Trust
- Southport & Ormskirk Hospitals, NHS Foundation Trust
- St. Helens and Knowsley, NHS Foundation Trust
- Stockport, NHS Foundation Trust
- Tameside & Glossop IC, NHS Foundation Trust
- United Lincolnshire Hospitals, NHS Foundation Trust
- University Hospitals of Derby and Burton, NHS Foundation Trust
- University Hospitals of Morecambe Bay, NHS Foundation Trust
- Warrington and Halton, NHS Foundation Trust
- West Hertfordshire Hospitals, NHS Foundation Trust
- Wirral University Hospitals, NHS Foundation Trust
- York & Scarborough Teaching Hospitals, NHS Foundation Trust

Fee Structure

The present course fee is GBP 6,000 for Foundation Year 1 payable to Apollo Education UK. For Years 2 and 3 in the UK, the fee would be GBP 35,000.

The programme duration is 3-4 years. On completion of Foundation year 1 and to continue to years 2 and 3 in the UK, candidates will have to make a non-refundable deposit of GBP 17,500 following the conditional offer of a placement made by us.

The remaining fee of GBP 17,500 can be paid in 2 installments, GBP 8,750 by January and GBP 8,750 to be paid by July of the year commencing in the UK. However, doctors may prefer to make a payment plan in installments to ensure fees are paid in full by the end of the year. A small number of bursaries may be available depending on the chosen specialty of clinical training.

We provide end-to-end loan assistance for this programme.



Dr Madhan Thiruvengada

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Initial application, queries and CV to be directed to:
information@apollohealthsciences.co.uk

Interview dates and the exact venue will be confirmed
in due course